

Supporting Families in Recovery: Global Approaches in the Context of COVID-19

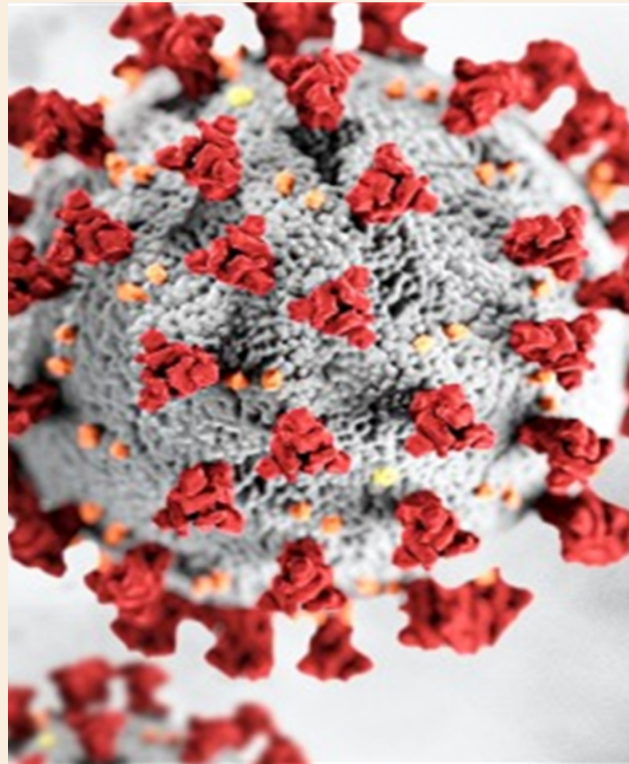
The Jamaican Experience

**SOMEONE
IN YOUR
FAMILY IS**
hurting

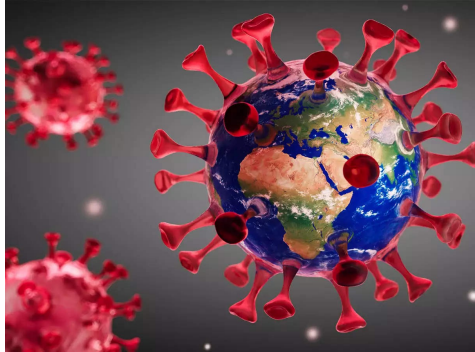
There's help.

If someone in your family has problems caused by smoking or drinking, we are here to help.

Make the call.
Call us **876-564-HELP (4357)**



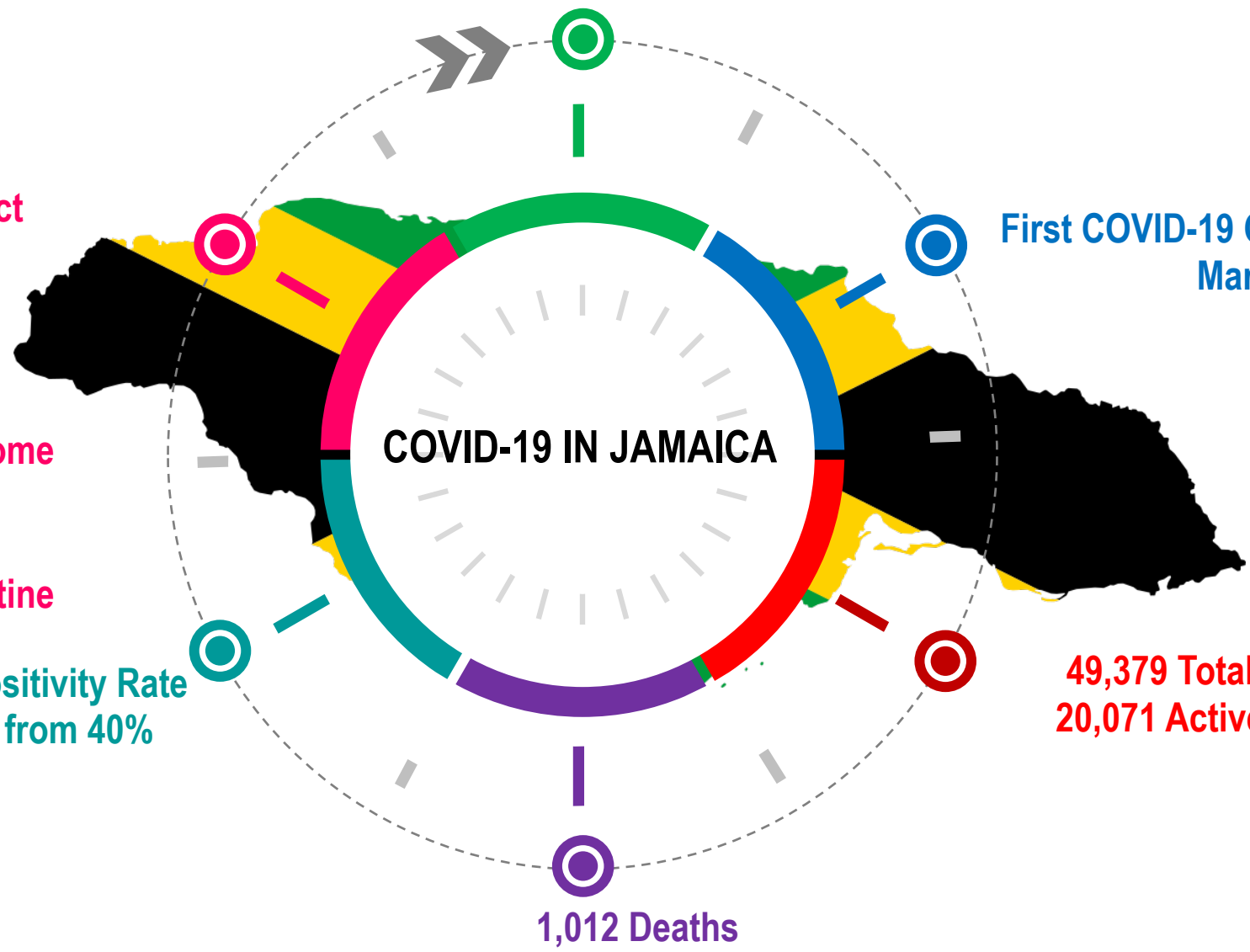
Uki Atkinson
Global Dialogue Webinar
June 16, 2021



Population of 2.9 Million

Disaster Risk Management Act

- National Lockdowns
- Social Distancing
- Mandatory Masks
- Curfews
- Work From Home/Stay at Home Orders
- Border Closure
- Community and self quarantine

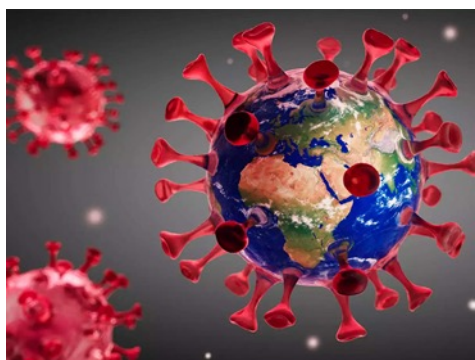
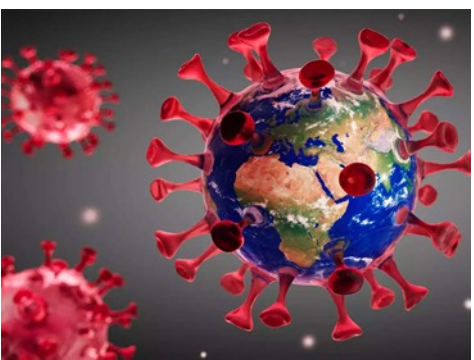


First COVID-19 Case Confirmed
March 10, 2020

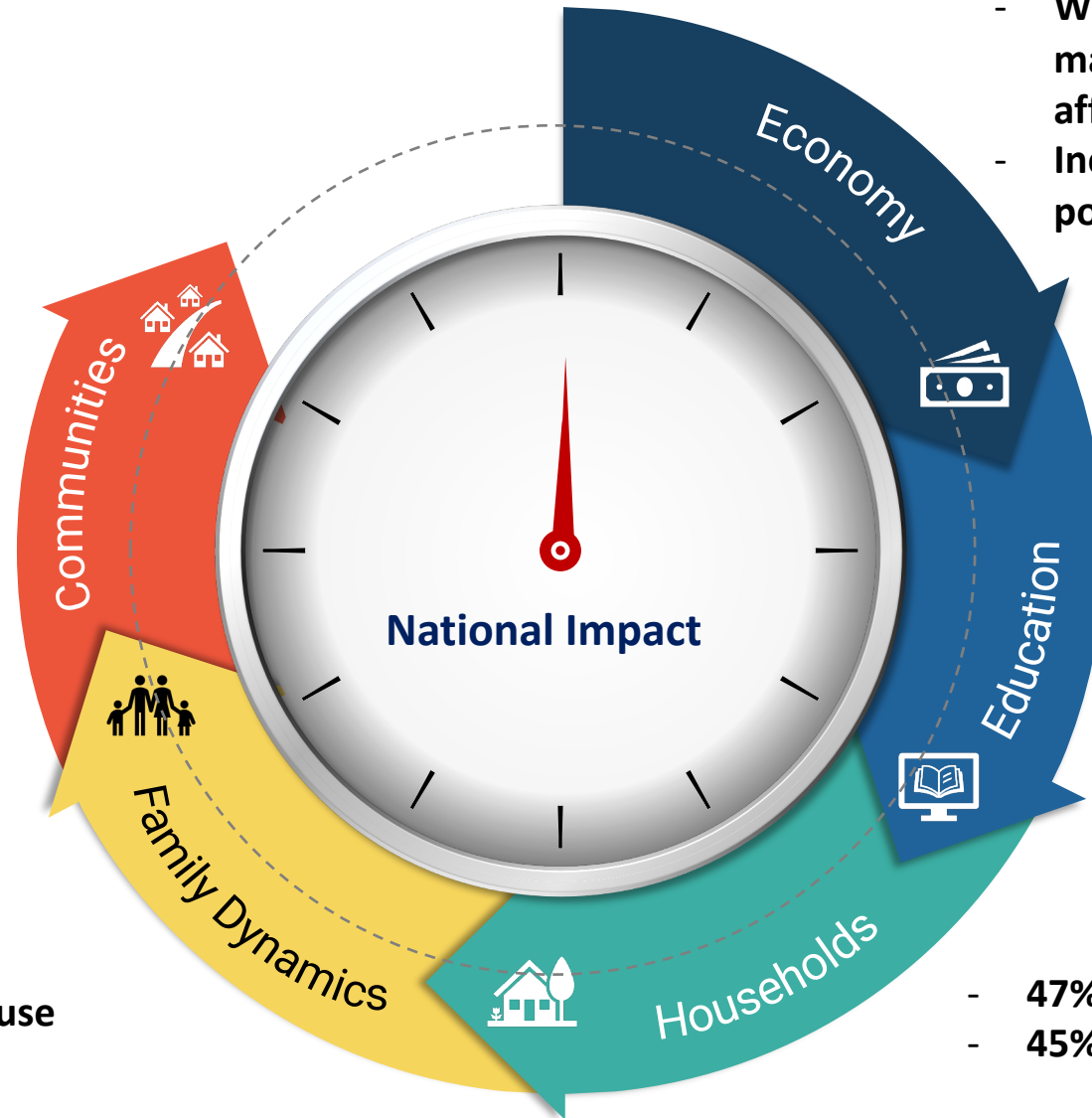
4.1% Positivity Rate
down from 40%

49,379 Total Cases
20,071 Active Cases

1,012 Deaths



- Social isolation
- Disproportionate burden on vulnerable groups: Elderly, People with Disabilities, Problematic Drug Users



- Double-digit decline in revenue (tourism-dependent)
- Wholesale and retail, manufacturing, and construction affected by restrictions
- Increased unemployment and poverty

- Schools closed March 2020
- Over 300,000 without access to online learning
- Falling through the cracks: Increases in teenage pregnancy, involvement in crime

- Increased conflict
- Increased domestic violence
- Increased sexual abuse

- 47% Loss of Income
- 45% Food Shortages



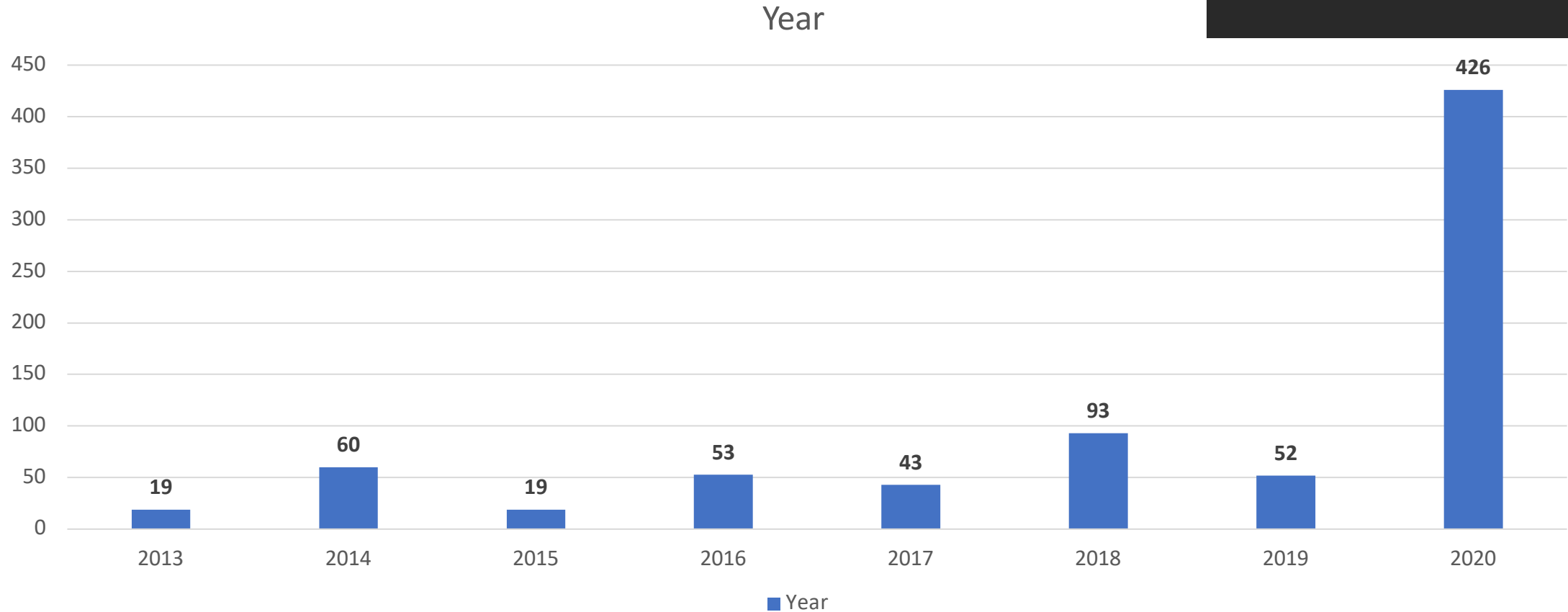
Evidence of Impact on Substance Users & Families



National Helpline Data 2013 – 2020

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4 in 10 were relatives calling on problematic users' behalf



CICAD Online Survey: Increase in Psychoactive Substance Use

800 Participants

(Among Participants Who Used in Past Year – 36%)

Not Nationally Representative



37.5%

CANNABIS



32.3%

ALCOHOL



25.8%

TOBACCO

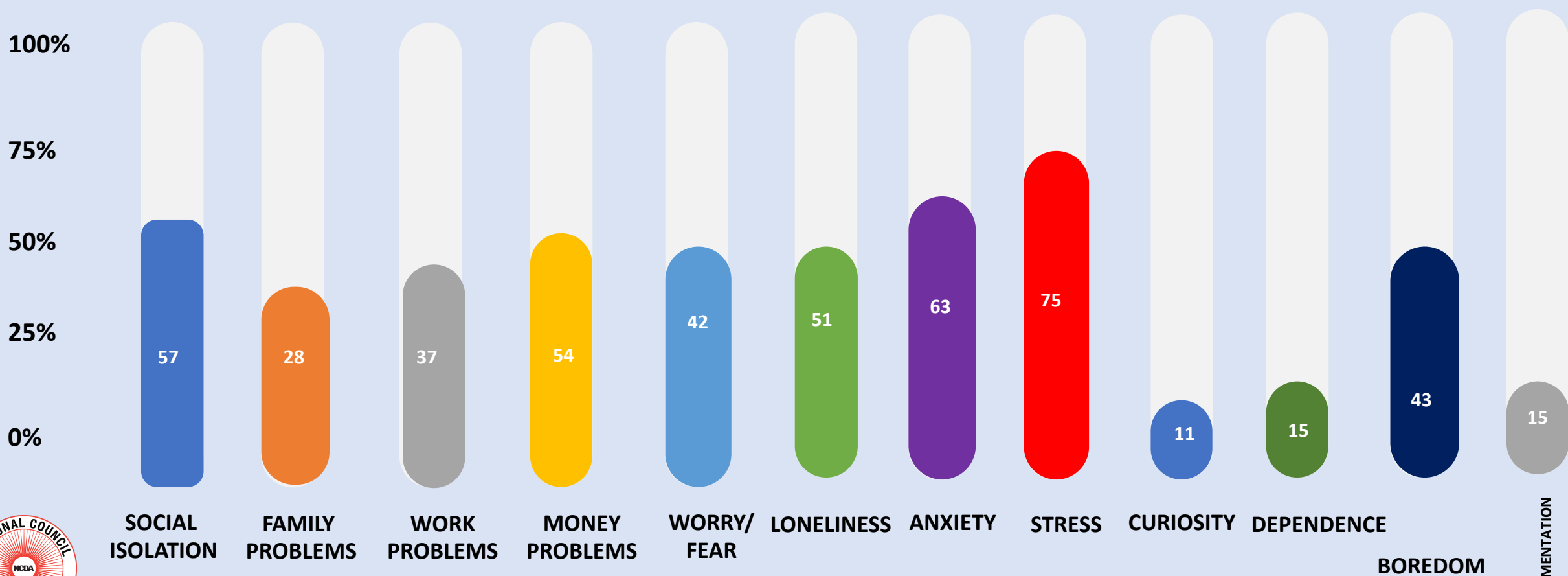


2.3%

CRACK/COCAINE



REASONS FOR INCREASED USE



EXPERIMENTATION

Family Dynamics

- Anxiety
- Conflict
- Frustration
- Poor Coping
- Decreased support



Disruption in Treatment

- Reduced access to residential treatment
- Decreased frequency of out-patient treatment
- Difficult transition to telephone/virtual counselling



Substance Use

- Relapse
- Decline in motivation to sustain therapeutic alliance



Qualitative Data (Treatment Providers)



Mental Health

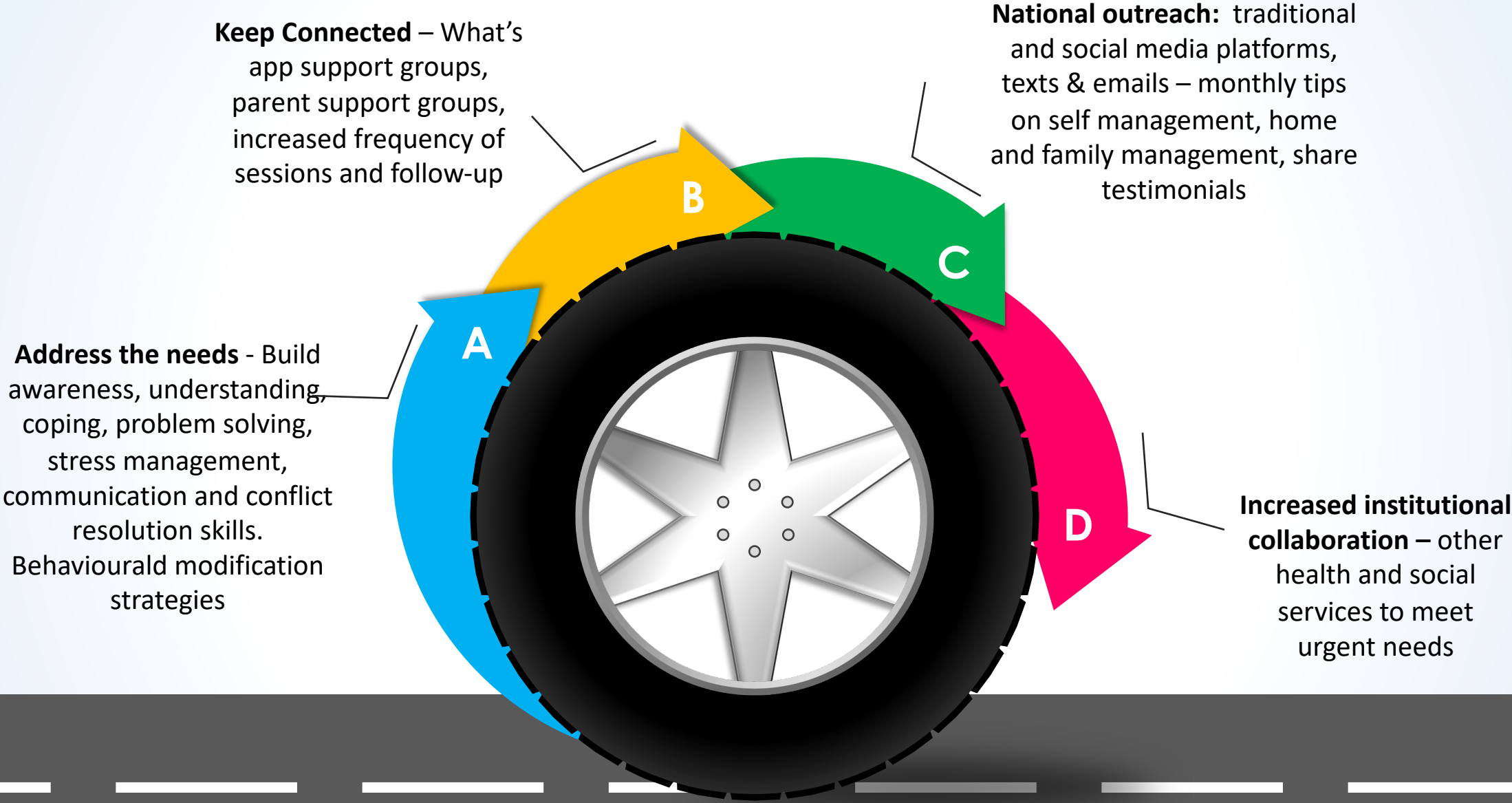
- Evidence of decline in clients/patients with co-occurring disorders (particularly mood and anxiety disorders)

Adolescents

- Significant concern for adolescent clients



Supporting Families in Recovery



SOMEONE IN YOUR FAMILY IS *hurting*

There's help.

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Be Your Best Self:

Message for Parents

HELP! inspire Change



NATIONAL COUNCIL ON DRUG ABUSE
(876) 564 - HELP(4357)



@drugfreeja

NATIONAL COUNCIL ON DRUG ABUSE

Message for Parents

Be Your Best Self: THINK POSITIVE

- Positive thoughts lead to better outcomes



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Message for Parents

Choose well for a better tomorrow

Family First

- * Spend time
- * Protect and care
- * Show love to each other




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**Use of Standardd
Family
Engagement
Protocols**



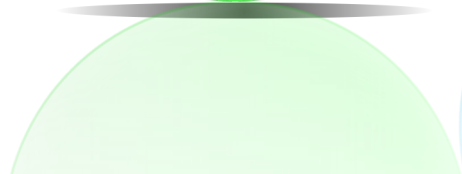
**Continuous Capacity
Building for Treatment
Providers**



**Increase access
to family-based
services**



**Strengthen M&E for
Family-based
services to determine
outcomes and
impact**



The image features a white background with a torn paper effect. The torn edges reveal the colors of the Jamaican flag: green at the top and bottom, yellow in the center, and black on the left and right sides. The text "Thank you" is written in a white, sans-serif font across the center of the yellow band.

Thank you