

SOLACE



THE OFFICIAL NEWSLETTER OF NIGERIAN SOCIETY OF SUBSTANCE USE
PREVENTION AND TREATMENT PROFESSIONALS VOL. 4/2020



ISSUP Nigeria AGM/Scientific Conference
Professional Code of Ethics and Standards
for ISSUP Nigeria Chapter
State Coordinators in Focus
ISSUP Kaduna State in Focus

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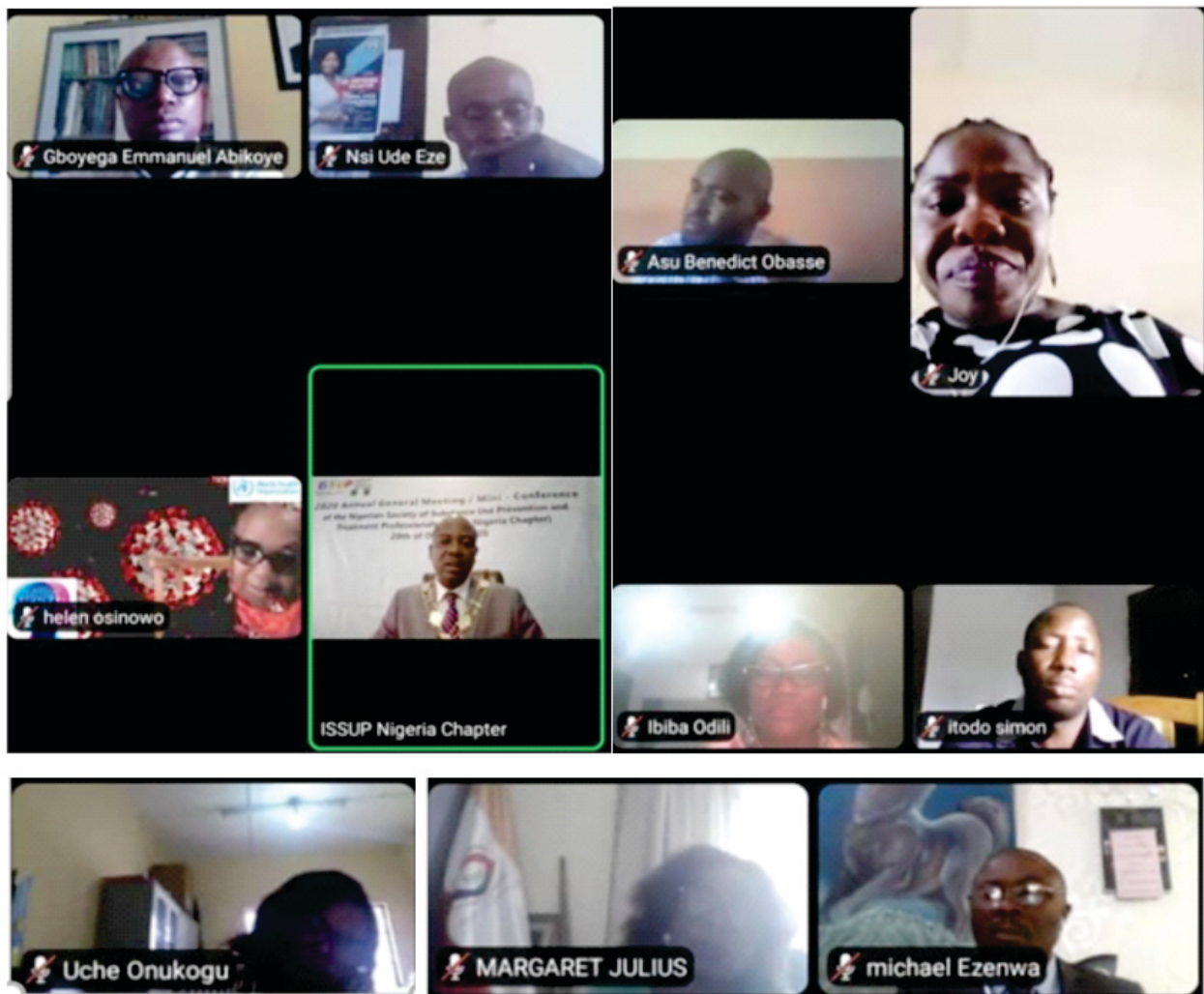
ISSUP NIGERIA 2020 ANNUAL GENERAL MEETING/SCIENTIFIC CONFERENCE

Due to the effect of the COVID-19 pandemic and the need to adhere to guidelines and protocol as regards gatherings in excess of 50 persons, the 2020 Annual General Meeting (AGM) of ISSUP Nigeria held virtually on Tuesday, 20th October, 2020.

Over 80 members and executives of ISSUP Nigeria attended the event, chaired by the President, Dr. Martin Agwogie. Two presentations; 'Building a multidisciplinary network of drug demand reduction practitioners' and 'The role of parents in evidence-based substance abuse prevention' were delivered by Dr. B. O. James and Mrs. J. I. Odili respectively.

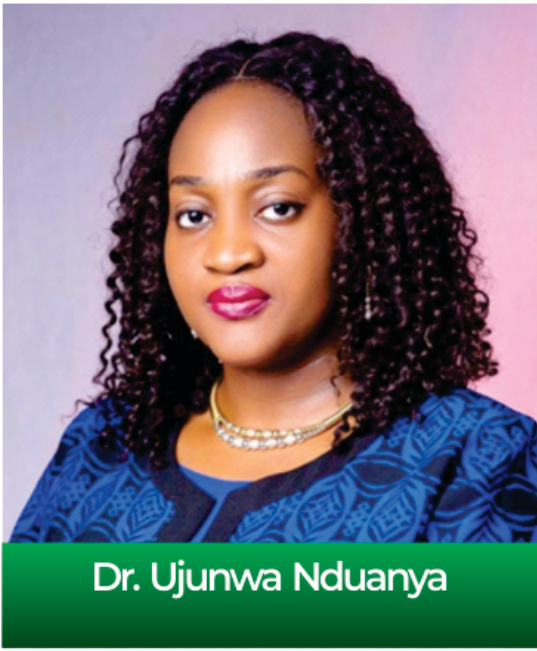
The President noted that membership growth, increased states coverage (24 out of 36 states including the FCT with executive constituted in 22 states), collaboration with the National Drug Law Enforcement Agency (NDLEA), Federal ministry of Health (FMOH), United Nations Office on Drugs and Crime (UNODC), Network of Civil Society on Drugs, have been highlights of achievements in the preceding year. He also noted that he had been appointed into the Board of Directors of ISSUP Global, with opportunities developing for partnerships with Nigerian Universities on addiction courses. ISSUP Nigeria has also sustained advocacy through its regular newsletter 'SOLACE'.

The AGM allowed for robust discourse on membership drive, financing, stakeholder engagement at Federal and state levels for the coming year, as restrictions following the resolution of the pandemic ease.



Screenshot from the meeting

STATE CO-ORDINATORS IN FOCUS



Dr. Ujunwa Nduanya

Dr. Nduanya is a Consultant Psychiatrist at the Department of Psychological Medicine, University of Nigeria Teaching Hospital (UNTH), Ituku-Ozalla, Enugu. She is a fellow of the West African College of Physician (FWACP).

In addition to her Fellowship in Psychiatry, she has completed the Leadership and Management in Health course (University of Washington Global Health) and Substance Abuse Counselling and Treatment Process (SACT) course (Neuropsychiatric Hospital, Aro, Abeokuta). She has also received numerous trainings in the field of Addiction Treatment and Prevention; United Nations Office on Drugs and Crime (UNODC) training on assessment, screening and treatment planning, Universal Treatment Curriculum (UTC), and Universal Prevention Curriculum (UPC) Core and School-Based

track training.

She is a National Trainer in the Universal Prevention Curriculum in Addiction, a Drug Demand Reduction Professional member of the International Society for Substance Use Prevention and Treatment Professionals (ISSUP) and the coordinator, ISSUP in Enugu State.

Pharm. Aliyu is a clinical pharmacist with the Kwara state government and works at Civil Service Hospital, Ilorin. She is also a community development practitioner dedicated to raising awareness and advocacy on drug abuse especially among young people through her NGO, Crystal Clear Living Stream Foundation. She obtained a Bachelor of Pharmacy degree from Olabisi Onabanjo University, Ogun State. She is a member of several professional bodies including Pharmaceutical Society of Nigeria (PSN), International Pharmaceutical Federation (FIP) and a member of Kwara State Drug Control Committee (KSDCC). She has received several trainings including the Universal Prevention Curriculum (UPC). She has earned several commendations as a result of her advocacy efforts in drug abuse from different organizations including fhi 360, Institute of Human Virology. She is a Drug Demand Reduction Professional member of the International Society of Substance Use Prevention and Treatment Professionals (ISSUP) and the Coordinator, ISSUP in Kwara State.



Pharm. Grace Aliyu



Mr. Obasse, Asu Benedict

Mr. Obasse is a senior psychologist working in substance abuse treatment unit of the Federal Neuro-Psychiatric Hospital Calabar, Cross River State. He holds a B.Sc in General and Applied Psychology (2006), and an M.Sc in Organizational Psychology (2012) from the University of Jos, Plateau State. He is an internationally certified addiction professional (ICAP). A Member of Mental Health Alliance, Research Coordinator/M&E Mental Health Scale Up in Nigeria, Volunteer Psychologist University of Calabar Teaching Hospital (UCTH) Diabetes Treatment Center, a Drug Demand Reduction Professional Member of International Society of Substance Use Prevention and Treatment Professionals (ISSUP), and the Coordinator, ISSUP in Cross River State.



ISSUP NIGERIA CHAPTER MEMBERS AND STAKEHOLDERS

Happy Holidays

AND A PROSPEROUS

2021

ISSUP KADUNA STATE IN FOCUS

ISSUP Kaduna state branch led by the state coordinator, Fatima A. Popoola paid curtesy visits to the National Drug Law Enforcement Agency (NDLEA), Federal Neuropsychiatric Hospital, Kaduna, Kaduna state and to an Honorary member of ISSUP, Dr. Bashir Adam Yakasai. The state branch of ISSUP also organized a workshop for members and stakeholders in drug demand reduction on “parenting skills and prevention of drug addiction in teenagers”. Photos on the visits and event attached.



The State Commander NDLEA, Mr. Uche Iyke, and the ISSUP Kaduna State Coordinator, Fatima A. Popoola, 3rd from the right with some executive members of ISSUP Kaduna State and NDLEA officials



The Medical Director FNPHK, Prof. Abdulkareem J. Yusuf at the middle, ISSUP Kaduna State Coordinator, Fatima A. Abiola, 4th from the left and other executives of ISSUP Kaduna state.



From left Rachael John, Ejikeme M Ogueji, Dr. Bashir A. Yakasai, Fatima A. Popoola, Tayo H. Olaniyi and Margaret K. Julius



Stakeholders at the Workshop

EXCERPT FROM ISSUP NIGERIA CHAPTER CODE OF ETHICS AND STANDARDS GENERAL CODE OF ETHICS

It is imperative to align our ethics and standards with international framework of ethical principles to guide all aspects of the work. Consequently, in order to protect health and safety of clients and the public, while promoting quality of services provided to them, we have adopted the following code of ethics for members.

1. First do no harm. Practitioners/professionals shall provide evidence-based services to clients within the limits of their resources and competence.
2. Service providers or practitioners shall assert the ethical principles of autonomy and justice as a guide to their professional conduct.
3. Service providers or practitioners shall not discriminate against clients based on race, religion, age, gender, disability, nationality or economic condition.
4. Practitioners shall maintain objectivity and integrity and uphold the highest standard in their services.
5. Practitioners shall maintain national standards of competency which promote the best interest of their client, of themselves, of the profession and the society at large. Professionals shall recognize the need for ongoing education as a component of professional competency.
6. Shall not receive funding from tobacco or drug promotion companies and organizations, or engage either as a Board/Director or conflicting activities with such companies/organizations. And any offer related to the above mentioned should be declined by the practitioner.
7. Professionals shall respect the best interest and promote the welfare of the person or group with whom they work.
8. Service providers or professionals shall protect clients' rights and shall not disclose confidential information acquired during treatment, teaching or investigations without the consent of the client.
9. Professionals shall safeguard the integrity of the counselling relationship and shall ensure that the client has reasonable access to effective treatment.
10. Service providers or professionals shall not exploit current or former clients in any manner for personal or agency (organization) gains.
11. Professionals shall not under any circumstances involve in sexual/romantic, business relationship with clients.
12. Professionals shall terminate the counselling relationship when it is not benefiting the client.
13. Professionals shall uphold the legal and accepted codes of conduct which pertain to the profession.
14. Professionals shall not give false assurances or make comments or public statements which are not reflective of the current scientific understanding of substance use disorder and its treatment.
15. Professionals shall assign credit to all who have contributed to the published material and for the work upon which the publication is based.
16. Professionals shall abide and uphold these standards in the conduct of the profession. Any violation thereof shall be subject to disciplinary action from the Committee or revocation of their credential.
17. Professionals shall not use or abuse any illicit substance(s).

18. Professionals shall adhere to all the code of ethics mentioned above and breach of any of these codes may lead to disciplinary actions.
19. Professionals having knowledge about possible ethical violation should report it to his supervisor, employer or the national body.

HUMAN RIGHTS

1. Patient's/client's preferences should be giving priority when deciding where they will access services.
2. Patients should have the right to choose between available options and no interventions shall be imposed on a patient/client.
3. Procedures and safeguards must be in place to prevent detention and any treatment without free and informed consent.
4. Admission and treatment of clients must be based on the free and informed consent of service users.
5. Service users shall be free to exercise their legal rights and are given the support they may require to exercise their legal capacity.
6. Clear and comprehensive information about the rights of service users is given to clients in both written and verbal form at intake.
7. Service users can nominate and consult with a support person or group of their own choosing on decisions about admission, treatment and personal legal, and financial or other affairs, and the people selected are recognized by staff.
8. Service users can communicate freely and their right to privacy respected
9. Telephones, letters, e-mails and the internet are freely available to service users.
10. Clients shall be free from all forms of abuse.
11. Service providers should strive to provide separate services for key populations: adolescents, physically challenged persons, women, children and pregnant women.
12. Services shall be provided as an alternative to penal sanctions with the Client's consent.
13. Unlawful detention and forced labour shall be avoided.

CONSENT

1. Before providing a service, practitioners should secure the informed consent of the person concerned (or their legal representatives) - and must take all reasonable steps to ensure that the nature of the service, and anticipated consequences, are adequately understood by the client.
2. Written consent must always be secured for a person's involvement in research - and information about the purpose or nature of a research study should be withheld only where this is approved by an appropriately constituted ethical committee made up of other practitioners and lay representatives.
3. Practitioners must recognise that in some situations a person's capacity to give valid consent may be diminished and should take this in to account before agreeing to provide a service, Practitioners must never use any form of coercion to obtain consent.
4. Practitioners must not make false or exaggerated claims about the effectiveness of the services they are providing, nor should they ascribe unusual powers to themselves.

5. If conditions are imposed upon the continuation of a service, they must have the approval of a senior colleague or supervisor and be considered to be clearly consistent with the practitioner's professional responsibilities. Such conditions must always be clearly explained to the client.
6. Practitioners must recognise and uphold a client's right to withdraw consent at any time.

CONFIDENTIALITY

1. Personally identifiable information about clients should normally be disclosed to others only with the valid informed consent of the person concerned (or their legal representatives) - and the boundaries and limits of confidentiality should be explained clearly before any service is provided.
2. Where a practitioner holds a sincere belief that a client poses a serious risk of harm to themselves or others, or where obliged by law, a practitioner may be required to disclose personally identifiable information without the client's consent. Before breaking confidentiality, however, practitioners should still seek to secure valid consent for disclosure from the person concerned and should consult with their supervisor or a senior colleague where this is not provided - except where the practitioner judges that any delay this might cause would present a significant risk to life or health, or place the practitioner in contravention of the law.
3. Information identifying clients must never be published (for example in an article or book), without their written agreement (or that of their legal representatives).
4. Practitioners shall not share on print, electronic, social or any other medium the picture of person who use drugs or in recovery for drug use in their centre/facility without a written consent of the client/patient. Also shall not share same when received from external sources
5. All reasonable steps should be taken to ensure that any records relating to clients are kept secure from unauthorized access and the requirements of the Data Protection Act should be complied with at all times.



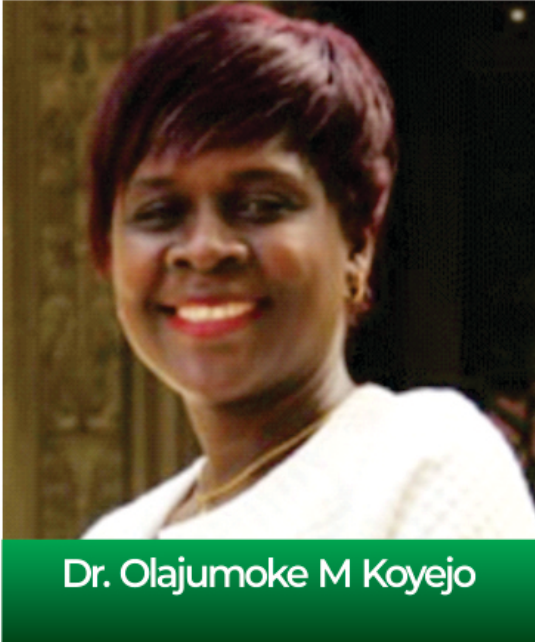
Congratulations!

MR. EJIKEME M. OGUEJI

Welcome to the Editorial Board of
ISSUP Nigeria Chapter

ISSUP NIGERIA BI-MONTHLY WEBINAR

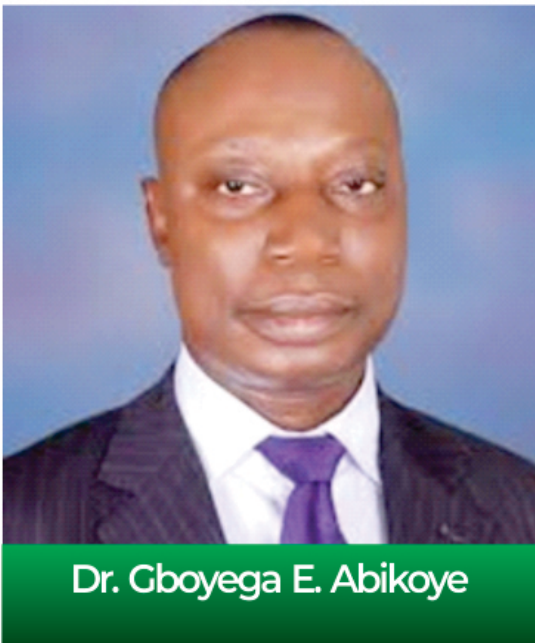
As a follow up to the maiden session of ISSUP Nigeria bi-monthly webinar held on July 30th, 2020, two webinars have been hosted, September 28th and November 26th with Dr. Olajumoke M. Koyejo and Dr. Gboyega E. Abikoye as speakers, respectively.



TOPIC: FROM TREATMENT TO RELAPSE

Highlights from the session

- factors that influence relapse
- principles of relapse prevention
- stages of relapse
- emotional, mental and physical relapse



TOPIC: DRUG USE / ADDICTION AND THE FAMILY: SUPPORT SYSTEMS

Highlights from the session

- the importance of the family in drug abuse prevention, treatment and recovery
- the interplay of biological and familial factors in drug abuse / addiction
- common challenges faced by families of persons with drug use and dysfunctional roles that family members assume
- some evidence-based family approaches to drug abuse / addiction treatment

Presentations are available on ISSUP website. Click on [this link](#) to access.

[Knowledge Share | International Society of Substance](#)

[Use Professionals \(issup.net\)](#)

UP COMING ISSUP BI-MONTHLY WEBINAR

- January 28th, 2021
- Be on the look out for details

ISSUP NIGERIA NEWS

1. Five (5) members of ISSUP Nigeria Chapter participated in a training on Delivering Recovery Support System Coordinated by the Colombo Plan, Drug Advisory Programme.
2. Dr. Uche Isah Iwuanyanwu appointed Coordinator of ISSUP in Jigawa state, North West Nigeria
3. Dr. Bawo O. James was one of the speakers at the ISSUP Africa Regional Conference held between September and November, 2020

Upcoming Events/Trainings and Conferences

1. GISA/Colombo Plan weekend UPC virtual training
Date: 15th to 30th January, 2021
For participation call 0705 348 6054 or visit or click www.gisainitiative.org to register.
2. GISA Drug Abuse Prevention, Management and Policy in the Workplace virtual training
Date: 2nd to 4th February, 2020
For participation call 0705 348 6054 or visit or click www.gisainitiative.org to register.
3. Quintessential Healthcare Centre UTC and UPC trainings, February 8th to 13th and 15th to 20th 2021 respectively.
For participation call +234 805 3152 or +234 805 104 8459.
4. Federal Neuropsychiatric Hospital, Yaba, Lagos State UTC training, February 16th to 24th, 2021.
For participation, call 08085635026 or 08169986687

ISSUP Nigeria Chapter

Building a Multidisciplinary Network of Core and Allied Professionals

New members are welcome

Membership process

Click on this link www.issup.net

- then go to membership
- click on Apply Now or Apply Today and follow the procedure.
- click on join Nigeria Chapter

For further inquiries or how to join ISSUP Nigeria, reach us on:

+234 706 221 9274

+234 812 937 8557

Or send mail to: ISSUPNigeria@gmail.com