

RESULTS OF THE
IMPLEMENTATION OF THE
UNIVERSAL TREATMENT
CURRICULUM TRAINING
WORKSHOPS IN SOUTH EAST
EUROPE REGION

2019 – 2020

BACKGROUND

Supported by the Bureau of International Narcotics and Law Enforcement Affairs of the US Department of State and in collaboration with the Drug Advisory Programme (DAP) of the Colombo Plan – Chilean Office and the University of California San Diego, the United Nations Office on Drugs and Crime assisted further Albanian and Serbian Government with the organization of the Universal Treatment Curriculum (UTC) walkthrough training workshops.

The complete basic level series courses were availed to academic experts and service providers in Albania and Serbia as part of the two training cycles: cycle 1 UTC 1-4; cycle 2 UTC 5-8.

UNIVERSAL TREATMENT CURRICULUM

Universal Treatment Curriculum developed as a training package and with overall coordination by the International Centre for Credentialing and Education of Addiction Professionals (ICCE). It summarizes training materials related to the treatment of persons with drug use disorders, moreover it targets skill development of treatment professionals.

UTC is available through the basic and advanced series as well as with several specialist series that focus on populations with special needs, such as women, children, and persons in recovery.

Following courses are presented in the basic level series training material:

Course 1: Physiology and Pharmacology for Addiction Professionals

Course 2: Treatment for Substance Use Disorders – The Continuum of Care for Addiction Professionals

Course 3: Common Co-occurring Mental and Medical Disorders – An Overview for Addiction Professionals

Course 4: Basic Counselling Skills for Addiction Professionals

Course 5: Screening, Intake, Assessment, Treatment Planning and Documentation for Addiction Professionals

Course 6: Case Management for Addiction Professionals

Course 7: Crisis Intervention for Addiction Professionals

Course 8: Ethics for Addiction Professionals

IMPLEMENTATION MODALITY

Albania

1 cycle: 3 to 7 February 2020, Faculty of Medicine, Tirana

Participants: 24 participants attended the training – 20 from Tirana, Vlora and Skhoder in Albania and 4 from Pristina, Kosovo.¹ The participants had diverse educational backgrounds including toxicology and addiction, medical doctors, psychiatrists, psychologists, nurses and public health practitioners.

2 cycle: 28 September – 2 October 2020, Faculty of Medicine, Tirana

Participants: The same participants were invited to both cycles.

Serbia

1 cycle: 18 to 22 November 2019, Ministry of Health, Belgrade

Participants: The training was facilitated by four local certified UTC trainers and 26 professionals and academic experts from four regional university centers in Serbia, namely Nis, Kragujevac, Belgrade, Novi Sad as well as the Military Medical Academy attended the training and discussed the innovative scientific interventions and strategies as well as their benefits and application in the daily work.

2 cycle: 9 to 13 March 2020, Ministry of Health, Belgrade

Participants: The same participants were invited to both cycles.

¹ The reference to Kosovo should be understood to be in the context of UN Security Council resolution 1244 (1999).

LOCAL COLLABORATIVE PARTNERS

Albania:

Training activities were supported directly by the Medical Faculty University of Tirana.

Serbia:

Implementation of the training activities were directly supported by the Ministry of Health of the Government of Serbia and local Medical Faculties.



RESULTS





Each course was carefully monitored and evaluated using the standardized evaluation questionnaires. The results of pre and post-tests were captured and analyzed further as follows:

Albania, UTC 1-4, 3 – 7 February 2020			
Name of the course	Pre-test results (percentage of correct answers)	Post-test results (percentage of correct answers)	Identified change
Course 1: Physiology and Pharmacology for Addiction Professionals	59%	74%	↗
Course 2: Treatment for Substance Use Disorders – The Continuum of Care for Addiction Professionals	58%	72%	↗
Course 3: Common Co-occurring Mental and Medical Disorders – An Overview for Addiction Professionals	63%	76%	↗
Course 4: Basic Counselling Skills for Addiction Professionals	55%	53%	↔

Albania, UTC 5-8, 28 September – 2 October 2020

Name of the course	Pre-test results (percentage of correct answers)	Post-test results (percentage of correct answers)	Identified change
Course 5: Screening, Intake, Assessment, Treatment Planning and Documentation for Addiction Professionals	38%	50%	↗
Course 6: Case Management for Addiction Professionals	45%	54%	↗
Course 7: Crisis Intervention for Addiction Professionals	56%	58%	↔
Course 8: Ethics for Addiction Professionals	63%	64%	↔

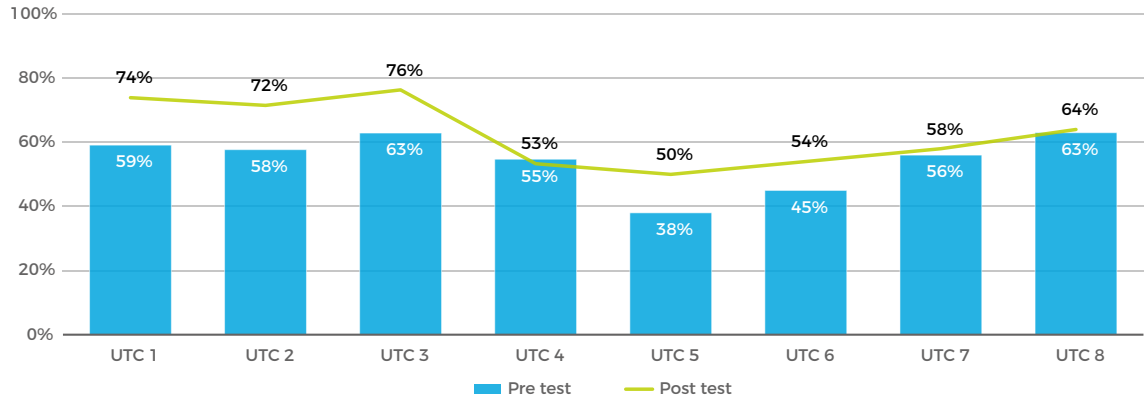
Serbia, UTC 1-4, 18 – 22 November 2019

Name of the course	Pre-test results (percentage of correct answers)	Post-test results (percentage of correct answers)	Identified change
Course 1: Physiology and Pharmacology for Addiction Professionals	79%	99%	
Course 2: Treatment for Substance Use Disorders – The Continuum of Care for Addiction Professionals	70%	94%	
Course 3: Common Co-occurring Mental and Medical Disorders – An Overview for Addiction Professionals	82%	87%	
Course 4: Basic Counselling Skills for Addiction Professionals	67%	87%	

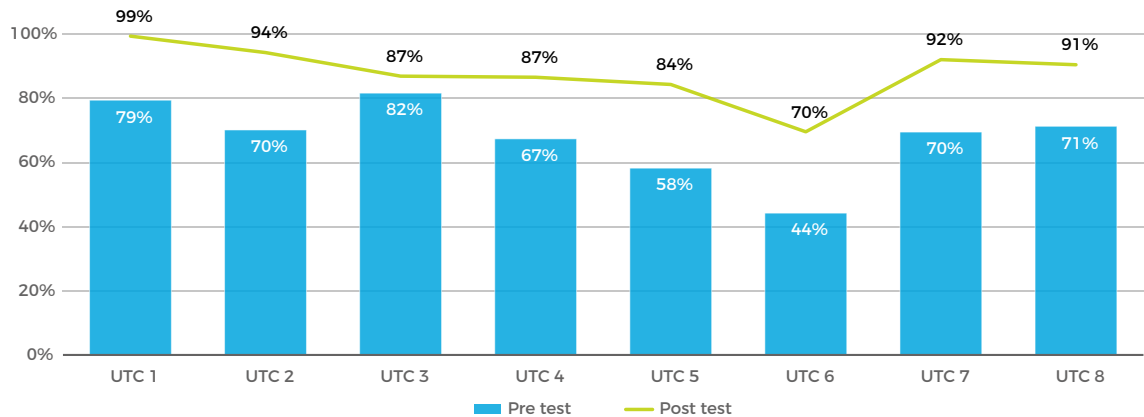
Serbia, UTC 1-4, 9 – 13 March 2020

Name of the course	Pre-test results (percentage of correct answers)	Post-test results (percentage of correct answers)	Identified change
Course 5: Screening, Intake, Assessment, Treatment Planning and Documentation for Addiction Professionals	58%	84%	↗
Course 6: Case Management for Addiction Professionals	44%	70%	↗
Course 7: Crisis Intervention for Addiction Professionals	70%	92%	↗
Course 8: Ethics for Addiction Professionals	71%	91%	↗

Albania



Serbia





Implementation of UTC training workshop in Albania



Implementation of UTC training workshop in Serbia



Implementation of UTC training workshop in Albania



Implementation of UTC training workshop in Serbia



Implementation of UTC training workshop in Albania



Implementation of UTC training workshop in Serbia

Reflections of the Participants

from trainings in Albania and Serbia:

Your professional preparation, the way of holding the training, the interaction with the group as well as touching on the topics during the module has been a fantastic experience for me. I hope that even after completing this module we will continue the cooperation in the field of addiction by organizing conferences, trainings and presentations throughout the region.

Approachable way of training, new approach of case management, very interesting training.

With an organization realized with all the minimal details, with a very dedicated staff which brought a product with all the necessary professional elements as well as the quality of the information obtained, allow me to say that it was a really beautiful experience in all aspects professional as well human. It was a pleasure indeed. I hope to have the opportunity in other collaborations together.

What I liked the most is: crisis management; learning about ways counsellor can avoid personal crisis situations; warning signs for suicide; roll-play; interactive work; it was useful; it was very interesting; very important for my practical work.

The training was very good, very valuable for the work I do in my daily profession. The lecturers were eloquent and conveyed the material professionally.

The training was at the maximum level! In this training I got extensive knowledge for patients who show problems with alcohol and drug addiction. The whole training was interactive and all-inclusive, devised with different breaks and exercises, through which the engagement of the participants was made possible. The training was well organized and the level of trainers was at the right height. I gained new knowledge, which I did not know before my participation in this training.

What I liked the most is: Interactive discussion: we have learned new principles in the field of ethics; ethic dilemmas.