

Master Agenda

DAY 1: _____ Date: _____

Module 1—Introduction to Adolescent Substance Use

Time of Day	Time of Session	Content
09:00 - 09:30	30 minutes	Welcome, housekeeping and ground rules
09:30 - 09:45	15 minutes	Module 1 Pre-Test
09:45 - 10:45	60 minutes	Presentation Sections: Learning objectives, public health crisis, values & forced choices exercise.
10:45 - 11:00	15 minutes	Break
11:00 - 12:00	60 minutes	Presentation Sections: Global prevalence of alcohol & marihuana,
12:00 - 13:00	60 minutes	Lunch
13:00 - 15:00	120 minutes	Presentation Sections: Other substances; inhalants, cocaine, ecstasy, opioids.
15:00 - 15:15	15 minutes	Break
15:15 - 16:00	45 minutes	Presentation Sections: other trends, risk factors, summary.
16:00 - 17:00	60 minutes	Day 1 wrap-up, daily evaluation and post-test.

DAY 2: _____ Date: _____

Module 2 - Adolescent Development / Module 3 – Trauma and Trauma Informed Care

Time of Day	Time of Session	Content
09:00 - 09:30	30 minutes	Welcome, review of housekeeping, rules, summary of day 1/questions, and pre-test.
09:30 - 11:00	90 minutes	Presentation Sections: Learning objectives, domains of development, stages of adolescent development.
11:00 - 11:15	15 minutes	Break
11:15 – 12:30	75 minutes	Presentation Sections: bio-psychosocial model, the adolescent brain on drugs,
12:30 - 13:30	60 minutes	Lunch
13:30 – 15:00	90 minutes	Presentation Sections: Developmental wellness in youth, promoting wellbeing and summary. Post-test, evaluation & wrap up.
15:00 - 15:15	15 minutes	Break
15:15 – 16:30	75 minutes	Module 3- Presentation Sections: Pre-test, learning objectives, overview of trauma & definitions, gender differences.
16:30 - 17:00	30 minutes	Daily Evaluation and Wrap Up

DAY 3: _____ Date: _____

Module 3 – Trauma and Trauma Informed Care / Module 3 -Screening and Assessment		
Time of Day	Time of Session	Content
09:00 - 09:30	30 minutes	Welcome, review and questions
09:30 - 11:00	90 minutes	Presentation Sections: ACE Study, Trauma around the world, trauma responses.
11:00 - 11:15	15 minutes	Break
11:15 – 12:30	75 minutes	Presentation Section: Stress disorders and trauma informed care.
12:30 - 13:30	60 minutes	Lunch
13:30 – 14:00	30 minutes	Questions about module 2, post-test.
14:00 - 15:30	90 minutes	Module 4 Sections: Pre-test, learning objectives, definition of screening/assessment, ethical/legal concerns.
15:30 – 16:00	30 minutes	Wrap up and questions, daily evaluation.

DAY 4: _____ Date: _____

Module 4 – Screening and Assessment

09:00 - 09:30	30 minutes	Welcome, Review and Questions
09:30 - 10:45	75 minutes	Presentation Sections: Trauma informed interviewing, screening -Two role play exercises.
10:45 – 11:00	15 minutes	Break
11:00 - 12:00	60 minutes	Presentation Sections: Assessments
12:00 - 13:00	60 minutes	Lunch
13:00 - 15:00	120 minutes	Presentation Sections: Case Management, role plays,
15:00 - 15:15	15 minutes	Break
15:15 – 15:45	30 minutes	clinical case study
15:45 – 16:30	45 minutes	Questions on Module 4, wrap-up post-test.

DAY 5: _____ Date: _____

Module 5 -Adolescent Drug Treatment

09:00 - 09:30	30 minutes	Welcome, Review and Questions
09:30 - 10:15	45 minutes	Presentation Sections: Pre-test, learning objectives, principles of AOD treatment
10:15 - 11:00	15 minutes	Break
11:00 - 11:45	45 minutes	Presentation Sections: Adolescents & treatment, comprehensive intervention, areas of ongoing training.
11:45 - 1300	75 minutes	Presentation Sections: Stages of change & case studies.
13:00 - 14:00	60 minutes	Lunch
14:00 - 15:30	90 minutes	Presentation Sections: Motivational interviewing, role plays.
15:30 - 15:45	15 minutes	Break
15:45 - 16:15	30 minutes	Presentation Sections: CBT & role play.
16:15 - 16:45	30 minutes	Presentation Sections: TF-CBT
16:45 - 17:00	15 minutes	Daily Evaluation and Wrap-up

DAY 6: _____ Date: _____

Module 5 -Adolescent Drug Treatment

09:00 - 09:30	30 minutes	Welcome, Review and Questions
09:30 - 10:15	45 minutes	Presentation Sections: Other interventions.
10:15 - 11:00	15 minutes	Break
11:00 - 12:30	90 minutes	Presentation Sections: Role of the family, creating a genogram & practice.
13:00 - 14:00	60 minutes	Lunch
14:00 - 15:30	90 minutes	Presentation Sections: Family Interventions: MST & clinical case study.
15:30 - 15:45	15 minutes	Break
15:45 - 16:45	60 minutes	Presentation Sections: Other family interventions.
16:45 - 17:00	15 minutes	Daily Evaluation, Wrap-up and post-test.

DAY 7: _____ Date: _____

Module 6 (optional) - Gangs

09:00 - 09:30	30 minutes	Welcome, Review and Questions, pre-test.
09:30 - 10:15	45 minutes	Presentation Sections: Learning objectives, what is a gang, adolescent violence, composition of a gang.
10:15 - 11:00	15 minutes	Break
11:00 - 12:30	90 minutes	Presentation Sections: Risk factors, prevention intervention, resiliency, exiting & summary.
12:30 - 13:00	30 minutes	Daily Evaluation, Wrap-up and post-test.